

Safe Fruit, Vegetables, Herbs and Plants List

Guinea Pigs need 1 cup of fresh food daily, in addition to unlimited hay and fresh water.

A good quality chaff and grain mix (no seeds) may also be fed.

Guinea pigs cannot store Vitamin C in their bodies and need this to come through feeding fresh foods daily.

Apple *
Banana
(including leaves)
Blackberries
Blueberries
Cherries
Dried Apricot *
Figs *
Gooseberries
Grapes
Grapefruit 🍎
Honeydew Melon * 🍌
Kiwi Fruit 🍓
Mango *
Orange * 🍊
Pawpaw 🍌
Pear *
Pineapple *
Pumpkin
Rockmelon * 🍈 🍌
Squash
Strawberries 🍓 🍌
Watermelon 🍌

Note - Fruits should be fed sparingly due to their high sugar content.



Asparagus
Baby Spinach 🍌
Beetroot
Bok Choy
Broccoli 🍌 🍎
Brussel Sprouts 🍌
Cabbage 🍌
Capsicum 🍌
Carrots 🍌
Cauliflower 🍌 🍆
Celery 🍌
Choko 🍌
Corn 🍌
(including husks)
Cucumber 🍌
Green Beans
Kale
Kohlrabi
Cos Lettuce 🍌
Pak Choy 🍌
Parsnip
Silverbeet
Sweet Potato
Tomato 🍌
Turnip *
Wombok
Zucchini

Anise
Basil 🍌
Chamomile
Chicory
Chickweed
Cleavers
Clover 🍌
Comfrey
Coriander
Dandelion 🍌 🍌
Dill
Dock
Endive 🍌
Fennel
Lemon Balm
Milk Thistle 🍌
Mint
Oat Grass 🍌
Parsley 🍌
Raspberry Leaves
Rocket 🍌
Rosehips 🍌
Stinging Nettle
Thyme
Watercress
Yarrow

* = High in sugar ≈ Avoid Iceberg lettuce (low nutritional value, too high in water) 🍎 = High in Vitamin C 🍌 = Yum Factor
◊ = Feed sparingly (can cause stomach upset/bloat) Normal Washed Potato is *toxic* – DO NOT FEED